## Useful contacts for families

## Police Emergency 999 <br> Police Non-emergency <br> 101 <br> NHS <br> 111 www.nhs.co.uk

Advice line for patients to get the right advice or treatment they need, be that for their physical or mental health. 24 hours a day, 7 days a week.

## Safeguarding and Welfare:

Somerset Direct
03001232224
www.somerset.gov.uk
Textphone:07781482858
Children and young people's service- Advice and services for Education and Children's Social Care.

Emergency Duty Team (EDT)
03001232327
The Local Authority out of hours service (available from 17.30 08.30 ) deals with emergency or urgently distressing situations. The team covers the Local Authority's statutory responsibilities under mental health, child care and welfare legislation. It is provided on an out of hours basis, including weekends and bank holidays.

NSPCC
08088005000 www.nspcc.org.uk

The Samaritans
116123 www.samaritans.org

## Shout <br> Text Shout to 85258

www.giveusashout.org UK based, free 24/7 text service for anyone in crisis, anytime, anywhere

## Kooth

www.kooth.com Young People's online support

## Specialised Support:

SDAS
Somerset Drug \& Alcohol Service 01935383360

## SIDAS

(Somerset Intergated Domestic Abuse Service) 08006949999 www.somersetsurvivors.org.uk

## SARSAS

(Somerset \& Avon Rape \& Sexual Abuse Service)
www.sarsas.org.uk Somerset based, specialist support for those who have experienced sexual violence at anytime in their lives.

## Josephine's Star

www.josephinesstar.org.uk Support for young people in their families in Somerset when someone special has died.

## Cruse/ Young Cruse

www.cruse.org.uk National leading charity for bereaved people in the UK.

If you need support from the school e.g. social/emotional support for children, PFSA etc please email the school office on Greenfylde@educ.somerset.gov.uk and put FAO Mrs Lewis and Miss Oaten in the subject line as then the email will be forwarded to them.

